

Greensboro Auto Auction Winter Safety Tips



Use special care when entering and exiting vehicles, climbing or descending stairs, entering or leaving buildings.

- Move slowly.
- Remove snow/water from shoes when entering buildings.
- Use handrails for support.
- Try to keep your center of gravity over your support leg.
- Use car for support.
- Keep your hands out of your pockets.

Walk on designated walkways as much as possible.

- Don't take shortcuts over snow piles or areas where snow and ice removal is not feasible.
- Look ahead when you walk. A sidewalk completely covered with ice may require travel along its grassy edge for traction.
- Don't text or read while walking.

Walk safely on snow or ice.

- Take short steps or shuffle for stability.
- Bend slightly forward and walk flat-footed with your center of gravity directly over your feet as much as possible.
- Keep your hands out of your pockets.
- Be prepared to fall. If you fall, fall with sequential contacts at your thigh, hip and shoulder. Avoid using outstretched arms to brace yourself.
- Bend your back and head forward to avoid hitting your head against the ground.

Please also see this link for cold stress awareness cards to print...They are in English and Spanish! Click on the OSHA quick card on the left for **cold stress**.

Thanks for your time,

https://www.osha.gov/dts/weather/winter_weather/osharesources.html

